

Mental Wellness and the Spiritual Community

Thursday, November 12, 2015

9:30 am – 3:30 pm

An interfaith event for clergy and lay leaders who seek insight and practical steps for dealing with mental health issues. One in five people have serious mental health conditions and emotional challenges each year. Many individuals and family members in our places of worship are impacted by these issues.

Join in this opportunity for learning and dialogue!

- Registration Begins at 9:30 am
- "In Our Own Voice" Presentation
 - *Speakers sharing their stories of recovery*
- Faith Leaders in Action
 - *Hear what's working!*
- Community Discussion
 - *Crisis intervention*
 - *Where to start*
 - *When to counsel... when to refer*
- Workshops
 - *Emotional CPR*
 - *Recognizing the signs and symptoms of mental illness*
 - *Mindful Warrior Project – "Creating a Community of Care"*

Register Now!

More details on speakers, workshops at: <http://faithnovember2015.eventbrite.com>

Location:

First Church of the Nazarene – PazNaz
3700 East Sierra Madre, Pasadena, CA 91107

Contact:

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